

ZERO WASTE WARDROBE

T-SHIRT

INSTRUCTIONS

Recommended material: 100% organic cotton jersey

Width of the fabric: 150 cm

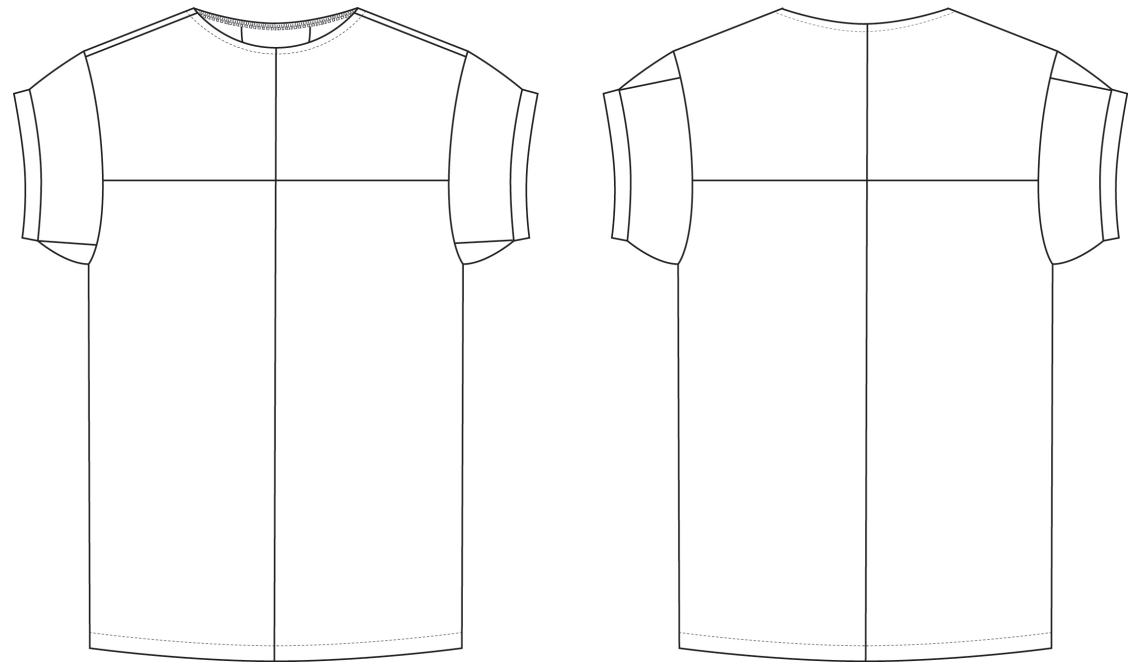
Length of the fabric: 44 cm

Notice

- The fabric must be stretchy jersey. The surface of the fabric must look the same even when turned upside down. The fabric is cut in two directions.
- Preferably use a single fibre fabric, thus the cloth is easier to recycle. Use a sewing thread that fits your chosen material.
- Iron the seams open as you are sewing the garment.
- Depending on the fabric of your choice pay attention to the kind of needles you are using in the machines.
- The seam between the lower front pieces in center front is optional. If you decide to leave it out, feed the extra 2 cm evenly to the horizontal seam.
- The neckpiece serves as a place where you can embroider for example the washing instructions or the name of the user. The neckpiece functions also as an extra piece of fabric you can use to mend possible holes or tears that may come with use. Feel free to use the neckpiece also as a pocket - or whatever you can imagine.

Cutting

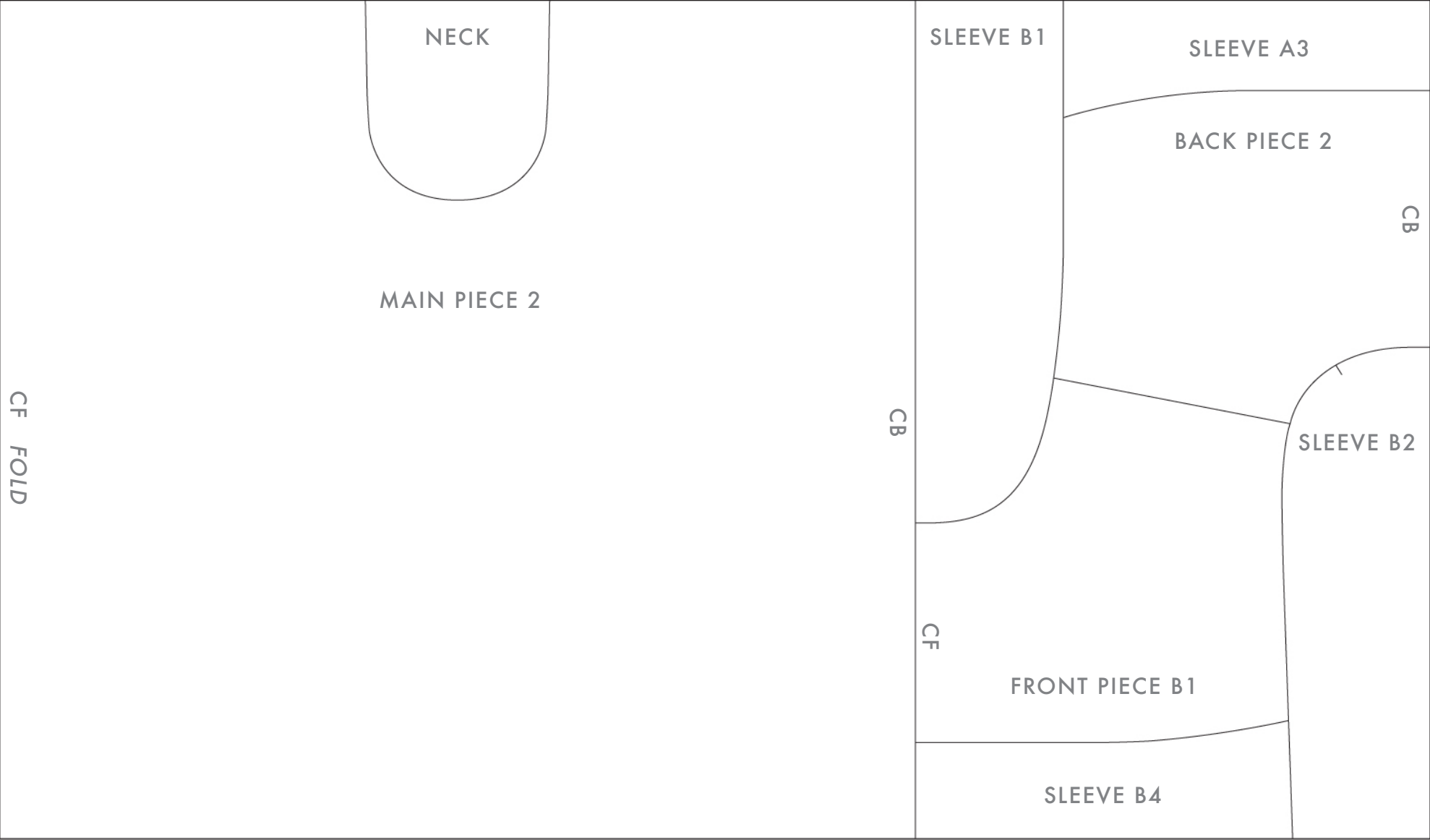
- Print out the A4-pattern, the whole pattern or the half pattern.
- Use paper scissors to cut the pattern pieces apart from each other.
- Place the pattern pieces on an ironed fabric and pin them down. If you are using half pattern fold your fabric from the middle and cut through two layers.
- Cut the fabric with fabric scissors between the pattern pieces.



Sewing

- The seam allowance is 1 cm
- Overlock the main pieces 1 and 2 together along the central back.
- Overlock the main pieces 1 and 2 together along the central front (only if you've cut the seam open at the fold).
- Overlock the front pieces 1 and 2 together along the central front.
- Overlock the back pieces 1 and 2 together along the central back.
- Overlock the back piece to the bodice.
- Overlock the front piece to the bodice.
- Overlock the shoulder lines of the front and back pieces together.
- Overlock the sleeve pieces 1 and 2 together (see image).
- Overlock the sleeve pieces 3 and 4 together (see image). Fold and iron the piece from the middle (see image: the dashed line is the fold crease).
- Overlock the folded pieces to the other sleeve pieces.
- Overlock the sleeves to the bodice. Set the notch (in the sleeve pieces A2 and B2) at the shoulder seam.
- Face the right sides of the neck pieces together and overlock them together along the curved line. Turn and iron.
- Overlock the neckline and iron a 1 cm fold.
- Pin the neckpiece to the back of the neckline on the reverse side of the fabric. Place the edge in the crease you just ironed.
- Stitch the 1 cm fold on the neckline down.
- Overlock the hemline and iron a 2 cm fold.
- Stitch the 2 cm fold on the hemline down.

Half pattern



Whole pattern

