

ZERO WASTE WARDROBE

LOOSE T-SHIRT

INSTRUCTIONS

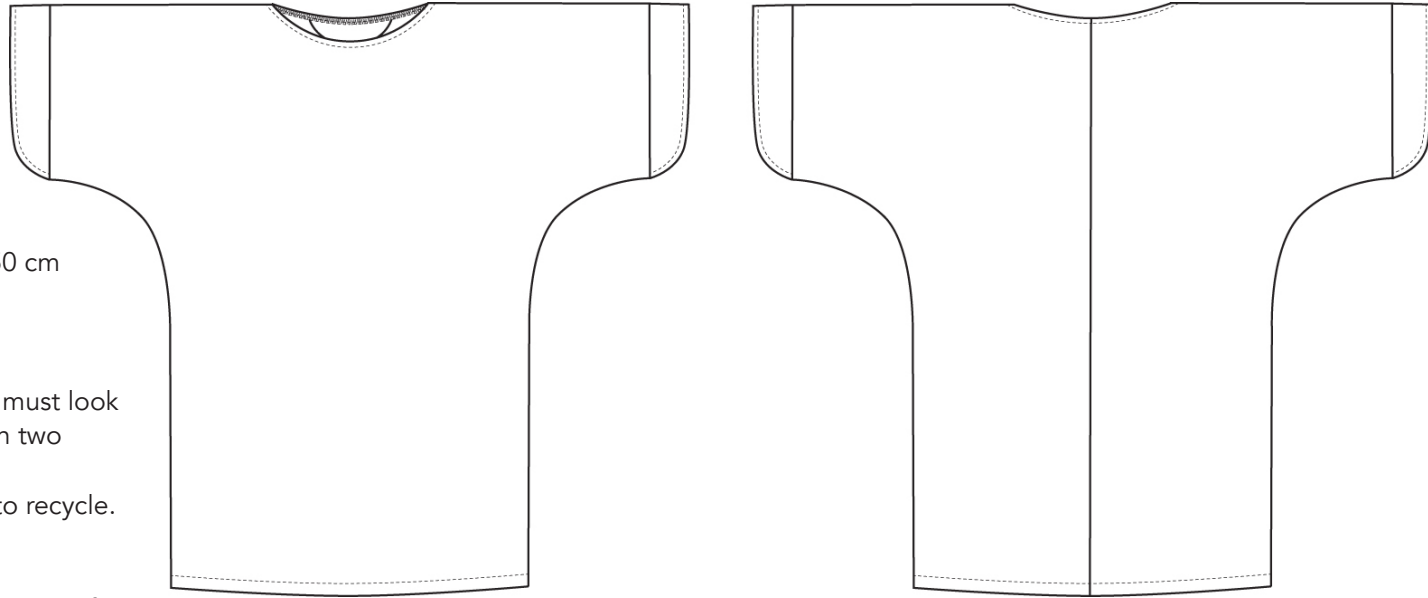
Recommended material: 100% organic cotton jersey
Width of the fabric: smaller model 135 cm, bigger model 150 cm
Length of the fabric: 60 cm

Notice

- The fabric must be stretchy jersey. The surface of the fabric must look the same even when turned upside down. The fabric is cut in two directions.
- Preferrably use a single fibre fabric, thus the cloth is easier to recycle. Use a sewing thread that fits your chosen material.
- Iron the seams open as you are sewing the garment.
- Depending on the fabric of your choice pay attention to the kind of needles you are using in the machines.
- The neckpiece serves as a place where you can embroider for example the washing instructions or the name of the owner. The neckpiece functions also as an extra piece of fabric you can use to mend possible holes or tears that may come with use.

Cutting

- Print out the A4-pattern, the whole pattern or the half pattern.
- Use paper scissors to cut the pattern pieces apart from each other.
- Place the pattern pieces on an ironed fabric and pin them down. If you are using half pattern fold your fabric from the middle and cut through two layers.
- Cut the fabric with fabric scissors between the pattern pieces.



Sewing

- The seam allowance is 1 cm.
- Overlock back pieces 1 and 2 together from the central back (CB) line.
- Overlock together the side seams and the shoulder line of the front piece and back piece.
- Overlock the sleeve pieces 1 and 3 together (look at the picture).
- Overlock the sleeve pieces 2 and 4 together (look at the picture).
- Overlock the curved side of the sleeve pieces. Iron 1 cm fold and stitch it down.
- Overlock the sleeve pieces to the armholes.
- Overlock the neck pieces 1 and 2 together to form a piece resembling the neck piece 3.
- Overlock the new neckpiece formed of pieces 1 and 2 together with the neck piece 3 along the curved side, right sides of the fabric facing each other. The pieces are slightly different sized so feed the bigger piece a bit while sewing. Turn the piece inside out and iron it.
- Overlock the neckline and iron a 1 cm fold.
- Pin the neck piece to the back of the neckline on the reverse side of the fabric. Place the edge in the crease you just ironed.
- Stitch the 1 cm fold on the neckline down.
- Overlock the hemline and iron a 2 cm fold.
- Stitch the 2 cm fold on the hemline down.

Half pattern

